

How to book a Looking After our Mates presentation

To book a Looking After our Mates presentation for your community group, contact the Local Community Road Safety Group in your area.

A list of Local Community Road Safety Group is available on the VicRoads website vicroads.vic.gov.au or the Community Programs Advisor at VicRoads on 98542242.

Looking After our Mates presentations are free.

The benefits

What are the benefits of holding a Looking After our Mates presentation?

Holding a Looking After our Mates presentation for your community group;

- provides the participants and the organisation with information which can help to make informed decisions
- may be the first step in an ongoing process to reduce the harms associated with alcohol and other drugs in local communities

For more information:
communityroadsafety.vic.gov.au
goodsports.com.au

How good a friend are you?



A DRUG AND DRINK DRIVE COMMUNITY ROAD SAFETY INITIATIVE

Looking After our Mates is a drug and drink drive information session about responsible drinking, safe driving and looking after your friends



Risky driving drops in Good Sports clubs. Be a champion of change.

Looking After Our Mates

Looking After our Mates is an interactive drug and drink drive presentation aimed at raising awareness of the drink and drug driving road safety problem in Victoria and to identify strategies to reduce the incidence of drink and drug driving in local communities. The presentation is delivered free to community groups.

The presentation is held at your own venue and at a time that is suitable for you and your participants. For sporting clubs, the presentation can easily be organised to run after training.

Who is the audience for a Looking After our Mates presentation?

There are four key target audiences:

- Sporting clubs
- Year 12 students
- Business/Industry
- General community

About the session

Each session is interactive and runs for approximately 45-60 minutes and includes discussion on:

- Drug and drink driving as road safety issues
- The effects of drugs and alcohol on the body and performance
- The laws regarding drug and drink driving
- Strategies that can be used to avoid drug and drink driving
- Making a commitment at the end of the session

The main message of Looking After our Mates is if you are going to drink don't drive and always look after your mates.

Did you know?

- Approximately 40% of driver deaths on Victoria's roads each year, one or more illicit drugs were found to be present
- Random drug testing in Victoria shows that one driver in 48 tests positively to the presence of illicit drugs
- Alcohol is a major factor in road deaths in Victoria, approximately 25% of drivers killed in road crashes had a BAC of .05 or greater
- At a BAC of .05, your risk of being involved in a road crash is about double compared with a BAC of zero